

Cosmetic Tattooing Home Care Pre-Treatment Instructions

- ✓ Do not tweeze/wax/perform electrolysis at least one week before procedure
- ✓ Do not tan two weeks prior or have sunburned face
- ✓ Do not have any type of facial 2 weeks prior to procedure
- ✓ Do not have Botox at least 3 weeks prior to procedure
- ✓ Do not take Fish Oil or Vitamin E one week prior (natural blood thinners)
- ✓ Do not wax or tint your eyebrows 3 days before the procedure.
- ✓ Do not drink alcohol 48 hours before your tattoo
- ✓ Do not consume coffee or energy drinks for 24 hours before your procedure
- ✓ Do not take an aspirin, Niacin or ibuprofen for pain relief (this thins the blood)
- ✓ Do not work out the day of the procedure.
- ✓ Avoid excess sweating/blood flow on the day of the procedure
- ✓ Discontinue use of eyebrow growing serums 2 months prior to procedure.
- ✓ Shower and fix your hair the day of (as you need to take extra care not to get the application area wet for several days).

Pre-existing conditions that interfere with PMU procedure

- ✓ Pregnancy
- ✓ Breastfeeding (treatment is possible, though anesthetic will not be possible)
- ✓ Keloids or if you have tendency to keloid, birthmarks or moles in the procedure area
- ✓ Diabetic (doctor's note is required)
- ✓ Blood Pressure Disorder (doctor's note is required)
- ✓ Alcohol and drug addictions
- ✓ Serious diseases such as cancer, epilepsy, or autoimmune disorders (doctor's note is required)
- ✓ Circulatory disorders (doctor's note is required)
- ✓ Any bleeding disorders (doctor's note is required)
- ✓ Using blood thinning medication
- ✓ Currently on Accutane or other strong retinoids (must wait until 6 months after treatment ends)
- ✓ If any skin disease symptoms or irritation appears on the area.
- ✓ You've recently had Botox, Fillers or Dysport treatment (must wait 2 months)
- ✓ Previous permanent makeup (must be cleared with me during consult)
- ✓ You have a broken capillary in the eyebrows area
- ✓ If you have a sunburn
- ✓ After waxing (must wait 3 days)
- ✓ After chemical peels (must wait two weeks)
- ✓ If you get cold sores, you will definitely need a prescribed antiviral treatment
Cold sore blisters can occur on many different parts of the body but are most

common on or around the lips, cheeks, or nose and also sometimes in the eye and eyebrows.